

Orgasmic Birth

The Best-Kept Secret



A documentary that examines the intimate nature of birth and the powerful role it plays in women's lives when they are permitted to experience it fully

Experts quoted in the film include best-selling author and OB/GYN Christiane Northrup, MD; Elizabeth Davis, BA, CPM, midwife, author, international lecturer, and co-founder and director of the National Midwifery Institute, Inc.; bestselling author and physician Sarah Buckley, MD; and Marsden Wagner, MD, a maternity care specialist and former director of Women's and Children's Health for the World Health Organization.

“It is possible to have an ecstatic birth – in fact, that is the best natural high that I know of. And these states of consciousness are best reached when a woman is fully aware and fully awake. Women don't have a way to know how their body works until they really try it out in birth. I think that women can be just completely surprised by the change in them from giving birth – you have something powerful in you – that fierce thing comes up – and I think babies need moms to have that fierceness – you feel like you can do anything.”

Ina May Gaskin

WORLD-RENOWNED MIDWIFE

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Directed by Debra Pascali-Bonaro • Produced by Kris Liem and Debra Pascali-Bonaro

Soundtrack Composed by John McDowell • Additional composition and lyrics by Sabina Sciubba