



[« Another wacky birthday party idea - Slot Car Racing!](#) | [Main](#)

The labor, the delivery, the ... orgasm?

About six years ago after the birth of my second child, I was sitting with friends in my knitting group nursing my newborn and talking about how the unmedicated labor and delivery of my son was a lot different from the birth of my daughter 20 months earlier.

I was really loud and vocal with my son, I explained, letting nature take its course and not holding back. I wasn't scared this time, knew I could endure it and trusted everyone around me.

As I finished that [birth story](#), a friend piped up that she had just attended an academic conference where one thesis presentation laid out a provocative concept: How you birth your child is similar to how you have sex. Like, if you quietly endure labor pains and make little sound, you probably are pretty silent with your partner too. If you're all wild and crazy, well ... that's me :-)

Had anyone else made the connection that I just offered up my bedroom secrets, I would have died of embarrassment. But we were all too busy asking the friend for more information. The concept seemed pretty off-the-wall -- another of those wacky academicians "studying" an arcane topic -- but we all agreed it was a talker and the discussion has stuck in my mind.

Finally, six years later, I'm hearing about the topic again. The buzz is about a new documentary called ["Orgasmic Birth."](#) The concept is a little different -- less about how you have sex and more about how some women are able to find childbirth a sensual experience. We have a great story about the film and the filmmaker in Sunday's paper and will have a live chat with a doula next Thursday. I'm pretty sure this one will be a talker, too.

Tags:

- [childbirth](#)
- [sex](#)

Posted by GreenMom/MeanMom on October 10, 2008 12:30 PM | [Permalink](#)

Search

Search this
blog:

About

This page contains a single entry from the blog posted on **October 10, 2008 12:30 PM.**

The previous post in this blog was [Another wacky birthday party idea - Slot Car Racing!](#) .

Many more can be found on the [main index page](#) or by looking through [the archives](#).

[Subscribe to this blog's feed](#)
[\[What is this?\]](#)

Powered by
[Movable Type 3.32](#)

TrackBack

TrackBack URL for this entry:
<http://blogs.twincities.com/mt/mt-tb.cgi/6307>

Post a comment

(If you haven't left a comment here before, you may need to be approved by the site owner before your comment will appear. Until then, it won't appear on the entry. Thanks for waiting.)

Name:

Email Address:

URL:

Remember personal info?

Comments: (you may use HTML tags for style)

Preview

Post